

LYTHRODONTAS UCI MTB RACE 2021

BY AGIOS MNASON CYCLING CLUB



Technical Guide

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25/4/2021



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Agios Mnason Cycling Club in collaboration with the community of **LYTHRODONTAS** is organizing at LEXEKO area the **UCI MTB XCO** race:

«LYTHRODONTAS UCI MTB RACE 2021 by Agios Mnason»

on **Sunday, April 25th 2021**

The race for Men Elite, Men Junior, Women Elite, and Women Junior is a **UCI C3 race**. The race is also the first round of the Cyprus National MTB Cup series and will be held as per the UCI and Cyprus Cycling Federation regulations.



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SPECIFIC REGULATIONS

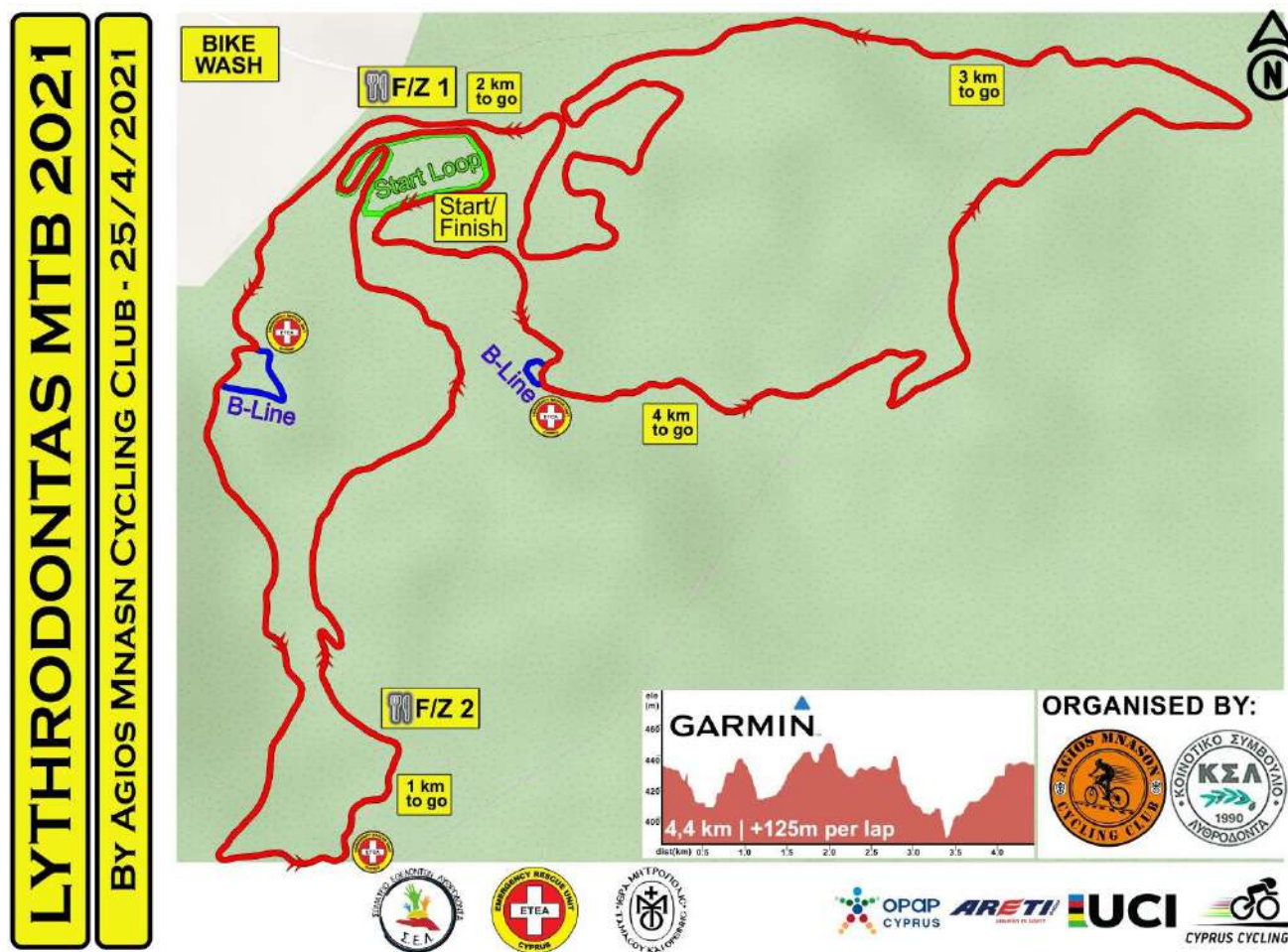
1- CATEGORIES

The following categories may compete:

- **UCI C3 RACE:**
Men Elite, Women Elite, Men Junior, Women Junior.
- **CYPRUS NATIONAL MTB CUP SERIES:**
Men Elite, Women Elite, Men Junior, Women Junior, Cadet boys U17, Cadet girls U17, Cadet boys U15, Cadet girls U15, Masters Men 1,2,3 & Masters Women 1,2,3
- **CYCLING FOR ALL (OPEN RACE):**
U19 Boys, U19 Girls, 19-39 Men, 19-39 Women, 40+ Men, 40+ Women

2- Course & Map

4,4 Km XCO route with 125m of altitude gain per lap, in the beautiful forest of Lythrodontas





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Map Route Link On The Internet:

<https://www.wikiloc.com/wikiloc/spatialArtifacts.do?event=setCurrentSpatialArtifact&id=64253288>

3- FEED AND TECHNICAL ASSISTANCE ZONES

There will be 3 feed and technical assistance zones:

- FTA 1 (2 km to go): Double FTA next to the Start/Finish area (same as FTA 3).
- FTA 2 (900m to go): it can be accessed by 4x4 car or on foot > 500m walk from the Start / Finish area. Parking space will be provided outside the course and must be respected.
- FTA 3 (100m to go): Double FTA next to the Start/Finish area (same as FTA 1).

4- TIMING

Timing will be done with the Mylaps timing transporter chips. Riders are obliged to return their timing chip after their race. Riders who fail to return their chip face a penalty of €80.

5- SCHEDULE

Sunday, April 25th, 2021

11:00

**OBLIGATORY ONSITE COVID-19 DETECTION RAPID ANTIGEN TEST
FOR ALL THE ATHLETES ABOVE 18 YEARS OLD.**

UNDERAGE RIDERS WILL BE TESTED IF THEY WISH TO DO SO.

**RIDERS WITHOUT A RAPID NEGATIVE TEST, WILL NOT BE ABLE TO ENTER THE
RACE VENUE AND RACE.**

**RIDERS MUST PRESENT THEMSELVES FOR A TEST 1,5 HOUR BEFORE THE
START OF THE RACE.**



Riders Confirmations, Race Number and timing chip distribution at the race venue.
 Team Managers pick up the Race Numbers and Timing Chips for the whole team.
 Race Number and timing chip distribution for each race, closes 30 minutes before the start.

- 12:45 Call-up for **First Race**: Masters Men 1,2,3, Masters Women 1,2,3,
Cycling for All 19+ categories
- 1:00pm Start of **First Race**
- 2:35pm Call-up for **Second Race**: Cadet boys U17, Cadet girls U17,
Cadet boys U15, Cadet girls U15,
Cycling for All U19 categories
- 2:50pm Start of **Second Race**
- 4:00pm Awards Ceremony for **First Race & Second Race** at the Start-Finish
area.
First 3 Riders on the Podium.
- 4:15pm Call up of **Third Race**: Men Elite, Women Elite, Men Junior, Women
Junior
- 4:30pm Start of **Third Race**
- 6:15pm Awards Ceremony for **Third Race** at the Start/Finish area.
First 5 Riders on the podium
- 6:30 Prize Money Distribution at the Start-Finish area after the award ceremony.

6- REGISTRATIONS

Registrations at ag.mnason@gmail.com up **to Sunday 18th April 2021**. A digital copy of the License must be sent with the registration.

Riders Confirmation, Race Number and timing chip distribution, on race day at the race venue from 11:00 am. Race Number and timing chip distribution for each race, closes 30 minutes before the start.



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7- Participation Fees

- €10,00 for all cadets.
- €15,00 for all Juniors
- €25,00 for Men Elite & Women Elite
- €25,00 for Master 1,2,3
- Cycling for All U19 €10,00 (+ €10,00 for 1-day license)
- Cycling for All 19+ €20,00 (+ €10,00 for 1-day license)

Late Registrations (After February 13, 2019): +€5

8- MEDICS / PARAMEDICS

An ambulance and a doctor will be present on race day.

Race course rescue & evacuation will be handled by the **ETEA** volunteer rescue team.

9- NEAREST HOSPITAL - AIRPORT

The Nearest hospital is the Nicosia General Hospital - [See location](#)
Telephone: 22603000

Airport: Larnaca International airport - [See location](#)

10- AWARDS CEREMONY

The Awards Ceremony will be held at the start finish area.
First 3 Riders are requested on the podium



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11- Prize Money

As per UCI Financial Obligations for a C3 race in Group 2 countries:

POS	1	2	3	4	5	Total
Men & Women Elite	€140	€105	€70	€53	€35	€403
Men & Women Junior	€46	€35	€21	€18	€14	€134

12- UCI Points

As per UCI Regulations for C3 races:

Rank	1	2	3	4	5	6	7	8	9	10
Men & Women Elite	10	6	4	2	1					
Men & Women Junior	20	18	16	14	12	10	8	6	4	2

13- Measures to reduce the risks of exposure and spread of the virus that causes Covid-19

- **ALL PARTICIPANTS (RIDERS, TEAM PERSONNEL ETC) MUST PRESENT TO THE ORGANISER A NEGATIVE RAPID TEST RESULT**
- **ALL COVID-19 MITIGATION MEASURES MENTIONED IN THE CYPRUS CYCLING FEDERATION AND MINISTRY OF HEALTH PROTOCOLS MUST BE RESPECTED AND FOLLOWED.**
- SEE LINK BELLOW FOR THE PROTOCOLS**
- **EVERYONE PRESENT AT THE RACE VENUE MUST PROPERLY WEAR A PROTECTIVE MASK. ATHLETES MAY REMOVE THE MASK DURING WARM UP AND ON THE START LINE WHEN THEY ARE GIVEN DIRECTIONS BY THE START COMMISSAIRE.**
- **NO SPECTATORS ARE ALLOWED IN THE RACE VENUE AND AROUND THE COURSE**

Protocols for the mitigation of Covid-19 risk:

https://www.dropbox.com/sh/yprnrkri4xnysay6/AABNs9aP4nH1siMvo_5khNoha?dl=0



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14- Anti-Doping control

A certain amount of controls might be conducted under 2021 UCI Anti-Doping Rules.

The anti-doping Room is at the: “To stekki tou Marinou restaurant” - [See location](#)

15- Organizer



The race is organized by the **Agios Mnason Cycling Club**
email: ag.mnason@gmail.com

Organization Director: Charis Georgakis

More info and clarifications phone : +357 99654747

SERVICES MAP

